MOUV

MIND, BODY & SOUL

February 4–8, 2027
Kimpton Grand Roatán Resort & Spa
Roatán, Honduras

MOUV Retreat in Paradise

Five days and four nights of Pilates in the Caribbean, limited to 15 guests. Prices are per person and include hotel taxes and fees.

PRICES

ROOM	PRICE PER PERSON
Single room (one guest)	**$4,895**
Shared room, one king bed (two guests)	**$3,850**
Shared room, two queen beds (two guests)	**$3,995**

PAYMENT PLAN

ROOM	DEPOSIT AT BOOKING	NOV 15	DEC 15	JAN 5	TOTAL
Single	$850	$1,348	$1,348	$1,349	**$4,895**
Shared king	$850	$1,000	$1,000	$1,000	**$3,850**
Shared queen	$850	$1,048	$1,048	$1,049	**$3,995**

- Paying in full at booking is also an option.
- Booking after a due date? Every installment already due is paid at booking.
- The $850 deposit is non-refundable. The final payment lands 30 days before arrival.

INCLUDED

- 4 nights at the Kimpton Grand Roatán Resort & Spa
- Daily Pilates session with a MOUV instructor
- Breakfast, lunch and dinner, including meals at Michelin Key restaurants
- Sunday night group dinner at a Michelin Key restaurant
- Group transportation by private bus
- Catamaran day
- Gifting from WellUp's partner brands
- Professional photographer and videographer

NOT INCLUDED

- Flights to Roatán
- Travel insurance
- Personal expenses

Reserve at
www.mouv.us/pages/mouvinparadise

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